

Could it be your Eyes?

Headache/Migraine

Reading Problems

Anxiety

Dizziness

TBI/Concussion

Sinusitis

Neck Pain

ADD/ADHD

Nausea

What Could I be Experiencing?

You might be suffering from Binocular Vision Dysfunction (BVD), where one eye sees an image slightly differently (vertically, horizontally or both) than the other. The body corrects this misalignment by overusing and severely straining the eye muscles. This causes the symptoms of BVD, most of which are not traditionally thought to be associated with your vision (but they are)! These can include headaches, dizziness, anxiety, nausea, neck pain and reading difficulties.

Why Does Binocular Vision Dysfunction often go Undiagnosed ?

When you go to the eye doctor, your eyes are tested to determine how well each eye can see (visual acuity). Usually very little time, if any, is spent testing how well your eyes work together as a team (binocular vision). Even if these tests are performed, they only identify major eye misalignments and double vision—they often are unable to find small amounts of misalignment. Any amount of eye misalignment can lead to Binocular Vision Dysfunction symptoms. Since BVD may affect up to 70% of adults suffering from persistent headaches, 30% suffering from anxiety, and 30% who have persistent symptoms from a concussion or TBI, it is critical to test for even small amounts of misalignment.



Signs and Symptoms of BVD:

- ◆ Headaches/Migraines
- ◆ Dizziness
- ◆ Anxiety
- ◆ Panic attacks (especially while driving)
- ◆ Your head “tilts” toward one shoulder
- ◆ Neck pain
- ◆ Motion Sickness
- ◆ Clumsiness (poor depth perception)
- ◆ Difficulty walking/balance problems
- ◆ Difficulty reading/concentrating
- ◆ Closing or covering an eye to read
- ◆ Nausea
- ◆ Convergence insufficiency
- ◆ Light sensitivity
- ◆ Blurred/Shadowed/Double vision

What is the solution?

Our patients undergo a detailed and thorough examination of their vision, including assessment for small amounts of vision misalignment (the NeuroVisual Evaluation). Problems with near vision, far vision and alignment will be corrected using glasses with specialized Align™ lenses, resulting in reduction (or even elimination) of symptoms.

How do I find out if I have BVD?

- ◆ Fill-in the easy-to-complete screening questionnaire at
IsItMyEyes.com
- ◆ A staff member will call you with the results and let you know if Vision Specialists can help you with your symptoms.

Live Life Through a New Lens

Does this sound like you?

- ♦ Have you **seen one or more specialists** for your symptoms and **nothing seems to help**?
- ♦ Do you suffer from persistent symptoms related to a **concussion** or **Traumatic Brain Injury (TBI)**?
- ♦ Have you been told **there's nothing wrong with you, "it's just in your head"**?
- ♦ Have you been **diagnosed** with any of the following that can be **commonly confused with BVD**?
 - ♦ Migraines
 - ♦ Anxiety disorders
 - ♦ ADHD/ADD
 - ♦ Dyslexia
 - ♦ Sequela of a stroke
 - ♦ Inner ear disorder
 - ♦ Reading/Learning difficulties
 - ♦ TMJ
 - ♦ Panic disorders
 - ♦ Spinal misalignment issues
 - ♦ Sinusitis
 - ♦ Meniere's Disease
 - ♦ Convergence Insufficiency
 - ♦ Agoraphobia
 - ♦ Gastroparesis/cyclic vomiting
 - ♦ Vertigo



**If you answered yes to one or more of these,
you could have Binocular Vision Dysfunction (BVD).**



Sarah's Headaches

"I've had headaches for the last 8 years. They were so bad that I had to quit my job. I searched everywhere for an answer, including an international headache clinic. I tried everything - treatments, therapies, and so many medications - nothing worked. An acquaintance from the headache clinic told me about her recent experience with Vision Specialists of Michigan. My exam was thorough and my new glasses were made with specialized Align™ lenses, and they are incredible. Headaches are rare now and I was able to return to work."

David's Dizziness and Nausea

"I was a healthy 55 year old guy, and then one day I became terribly dizzy and nauseous. I couldn't hold anything down and began to lose a lot of weight. I became so weak, and my balance became so poor, that I couldn't take care of myself. I ended up in a wheelchair in a nursing home. I thought my life was over. Thank goodness my daughter heard about Vision Specialists. My new glasses with the aligning lenses have eliminated my dizziness and nausea. I can eat again and walk again. I left the wheelchair and the nursing home behind!"

Sheri's Anxiety

"Anxiety has been a part of my life since I was a teenager. I'd been diagnosed with ADD and assumed it was causing the anxiety. I would sometimes get panic attacks while driving on the freeway. I found Vision Specialists while searching for answers on the Internet. It's hard to describe (and hard to believe) what a difference my new glasses made for me. My anxiety just melted away. I've had no trouble driving on the freeways. I've also noticed my concentration when reading is so much easier now."

For over 20 years, thousands have been helped by the **NeuroVisual Evaluation** (a specialized eye exam developed by our doctors that finds subtle vision misalignment). Eyeglasses using innovative Align™ lenses minimize the body's need to strain the eye muscles to maintain vision alignment, resulting in a marked reduction or even elimination of Binocular Vision Dysfunction symptoms.

Call 248-258-9000



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