

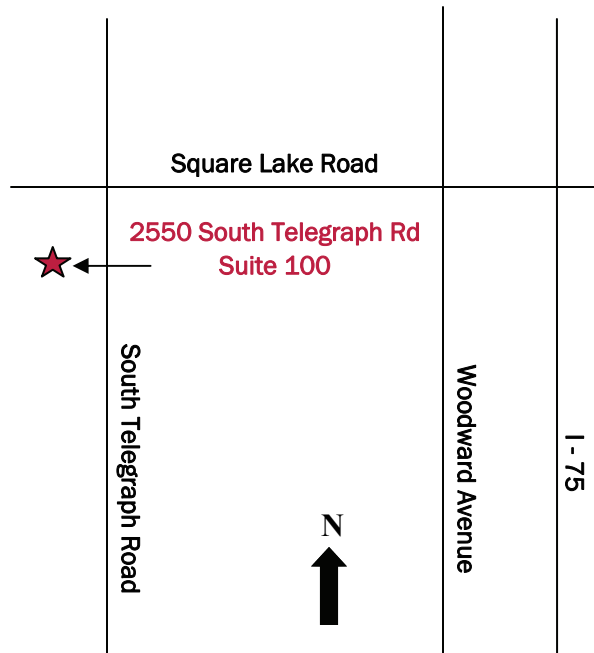
Most Patients Experience Significant Improvement

"I could feel my symptoms start to go away during the first office visit."

"My headache, neck ache and eye pain are so much better since I started wearing the new glasses."

"My dizziness is almost completely gone after wearing my new glasses."

"It's still a surprise to me that all of this improvement could come from wearing these new glasses. I can drive a car without feeling lightheaded or anxious. Also, I don't feel overwhelmed in large spaces or crowds anymore."



*Could Your
**Dizziness
and
Headaches**
be caused by
your
Eyes?*

About Vision Specialists of Michigan

Since 1995, the doctors at Vision Specialists of Michigan have specialized in the diagnosis and treatment of Vertical Heterophoria, which may be causing some, if not all of your symptoms of dizziness and headaches. During a specialized eye examination, it will be determined if special vision correction will provide you with relief from your symptoms.

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Specializing in the Diagnosis and Treatment of Vertical Heterophoria

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Does This Sound Like You?

“I’ve had headaches for years. They’ve been called migraines. I’ve tried all types of pain medications, but I still get them.”

“My neck, the back of my head and shoulders really bother me. Massage and neck adjustment seem to help, but only for a short while.”

“Lately, I’ve been getting more and more bouts of lightheadedness and dizziness. It seems worse when I bend down to pick something up and get up quickly. I feel uncoordinated and unsteady. When I walk, I bump into things often.”

“When I turn my head from side to side, I feel very lightheaded, as if my eyes are taking a moment to catch up with my head movement.”

“I often feel quite uncomfortable while driving or riding in a car.”

“When I am in a large department store or crowd, I feel rather uncomfortable and anxious.”

“I’ve seen multiple doctors, had a CAT scan and an MRI, and all of the doctors say that I am fine. However, I am still getting dizzy and having severe headaches.”

Patients who describe some or all of these symptoms often have a condition called ***Vertical Heterophoria***, where one eye sees the image higher than the other eye. (Some people have one eye physically higher than the other — see the picture at the top of the next column).

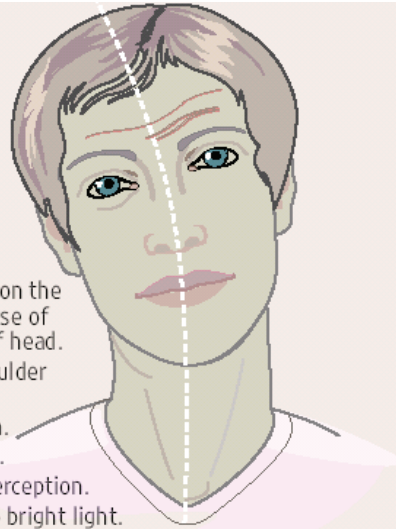
The brain responds to the uneven images by forcing the eyes to align those images, causing stress and strain on the visual system. This results in headaches and a feeling of being disoriented, lightheaded or dizzy.

This condition is often not detected during a standard vision examination. *Doctors who specialize in the detection of this condition will be able to diagnose and treat it.*

Other symptoms may include:

SYMPTOMS

- Headaches.
- Dizziness.
- Nausea.
- Anxiety, especially in open spaces or when driving.
- Head tilt.
- Uneven lines on the forehead because of continual tilt of head.
- Neck and shoulder discomfort.
- Blurred vision.
- Double vision.
- Poor depth perception.
- Sensitivity to bright light.
- Motion sickness.
- Unsteadiness while walking.
- Problems with reading such as words running together.



Martha Thiery / Detroit Free Press



Additional Pain Symptoms: face ache, eye pain or pain with eye movement;

Additional “Dizziness” Symptoms: nausea, drifting to one side while walking (“I’ve always been clumsy”), lack of coordination;

Additional Reading Symptoms: difficulty with concentration, difficulty with reading and comprehension, skipping lines while reading, losing one’s place while reading;

Additional Vision Symptoms: blurred vision, shadowed vision, light sensitivity, difficulty with glare or reflection;

Additional Psychological Symptoms: feeling overwhelmed or anxious when in large contained spaces like malls or big box stores, feeling overwhelmed or anxious in crowds.

This condition tends to run in families.