

# Could it be your Eyes?

*Headache/Migraine*

ADD/ADHD

Reading Problems

Anxiety

Dizziness

Nausea

TBI/Concussion

Sinusitis

Neck Pain



## Signs and Symptoms of BVD:

- ◆ Headaches/Migraines
- ◆ Dizziness
- ◆ Anxiety
- ◆ Panic attacks (especially while driving)
- ◆ Your head “tilts” toward one shoulder
- ◆ Neck pain
- ◆ Motion Sickness
- ◆ Clumsiness (poor depth perception)
- ◆ Difficulty walking/balance problems
- ◆ Difficulty reading/concentrating
- ◆ Closing or covering an eye to read
- ◆ Nausea
- ◆ Convergence insufficiency
- ◆ Light sensitivity
- ◆ Blurred/Shadowed/Double vision

## What Could I be Experiencing?

You might be suffering from Binocular Vision Dysfunction (BVD). With BVD, there is a misalignment where one eye sees an image differently (vertically, horizontally—or both) than the other. The body corrects this by overusing and severely straining the eye muscles, causing the symptoms of BVD. The most common symptoms are not traditionally thought to be associated with your vision (but they are!) and can include headaches, dizziness, anxiety, nausea, neck pain and reading difficulties.

## Why Does BVD often go Undiagnosed ?

When you go to the eye doctor, your eyes are tested to determine how well each eye can see (visual acuity). Usually very little time, if any, is spent testing how well your eyes work together as a team (binocular vision). Even if these tests are performed, they only identify major eye misalignments and double vision—they often are unable to find small amounts of misalignment. Any amount of eye misalignment can lead to BVD symptoms. Since BVD may affect up to 70% of adults suffering from persistent headaches, 30% suffering from anxiety, and 30% who have persistent symptoms from a concussion or TBI, it is critical to test for even small amounts of misalignment.



## What is the solution?

Vision Specialists of Michigan (VSM) patients undergo a thorough NeuroVisual Evaluation™ of their vision, including assessment for small amounts of eye misalignment. Problems with near vision, far vision and alignment will be corrected using Vis-Align™ glasses, resulting in a reduction (or sometimes elimination) of their symptoms.

## How do I find out if I have BVD?

- ◆ Fill-in the easy-to-complete screening questionnaire at  
**IsItMyEyes.com**
- ◆ A staff member will call you with the results and let you know if VSM can help you with your symptoms.

*Live Life Through a New Lens*

# Does this Sound like You?

- ◆ Have you seen **one or more specialists** for your symptoms and **nothing seems to help**?
- ◆ Do you suffer from persistent symptoms related to a **concussion** or **Traumatic Brain Injury (TBI)**?
- ◆ Have you been told **there's nothing wrong with you, "it's just in your head"**?
- ◆ Have you been **diagnosed** with any of the following that can be **commonly confused with BVD**?
  - ◆ Migraines
  - ◆ Anxiety disorders
  - ◆ ADHD/ADD
  - ◆ Dyslexia
  - ◆ Sequela of a stroke
  - ◆ Inner ear disorder
  - ◆ Reading/Learning difficulties
  - ◆ TMJ
  - ◆ Panic disorders
  - ◆ Spinal misalignment issues
  - ◆ Sinusitis
  - ◆ Meniere's Disease
  - ◆ Convergence Insufficiency
  - ◆ Agoraphobia
  - ◆ Gastroparesis/cyclic vomiting
  - ◆ Vertigo



**If you answered yes to one or more of these, you could have Binocular Vision Dysfunction (BVD).**



## Sarah's Headaches

"I've had headaches for the last 8 years. They were so bad that I had to quit my job. I searched everywhere for an answer, including an international headache clinic. I tried everything - treatments, therapies, and so many medications - nothing worked. An acquaintance from the headache clinic told me about her recent experience with Vision Specialists of Michigan (VSM). My exam was thorough and the Vis-Align™ glasses are incredible. Headaches are rare now and I was able to return to work."

## David's Dizziness and Nausea

"I was a healthy 55 year old guy, and then one day I became terribly dizzy and nauseous. I couldn't hold anything down and began to lose a lot of weight. I became so weak, and my balance became so poor, that I couldn't take care of myself. I ended up in a wheelchair in a nursing home. I thought my life was over. Thank goodness my daughter heard about VSM. My new glasses have eliminated my dizziness and nausea. I can eat again and walk again. I left the wheelchair and the nursing home behind!"

## Sheri's Anxiety

"Anxiety has been a part of my life since I was a teenager. I'd been diagnosed with ADD and assumed it was causing the anxiety. I would sometimes get panic attacks while driving on the freeway. I found VSM while searching for answers on the Internet. It's hard to describe (and hard to believe) what a difference my glasses made for me. My anxiety just melted away. I've had no trouble driving on the freeways. I've also noticed my concentration when reading is so much easier now."

In 1995 our doctors developed the **NeuroVisual Evaluation™** (a specialized eye exam that finds the subtle misalignment of BVD). Our innovative **Vis-Align™** glasses eliminate the need for the body to make any corrections resulting in a marked reduction or even elimination of the symptoms of Binocular Vision Dysfunction.

**Call 248-258-9000**



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